

## EVERYTHING VERY DIFFERENT FROM MAINSTREAM

My journey of the driven narcissist, to the serenity of a relaxed life entrepreneur.

### CHRISTIAN CHRIST

Life essence \*2022 (ousia)

Freely after Epictetus \*Greek slave and philosopher

It is not the things, but my own attitude and setting towards the things that make me happy or unhappy.

### MY FAITH

I believe in the infinity of my existence

I believe in the effectiveness of the unconditionality of love

I believe that incarnations is the way of spiritual purification school

I believe that everything in life has its meaning

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FINAL WORD

## FOREWORD

These messages stand for themselves without expectations. They are only formulated by me, conditioned by given impulses, ideas, Thoughts, Intuitively, or simply arose in life situations.

Thus they describe for me a kind of "superordinate", from the Spirit carried view, which is Unique. From my point of view an existing, usable, but "slumbering" good in everyone. Interpretations of this are based on one's own personal view of the meaningfulness of life.

## THANKS

I would like to begin with deeply felt gratitude for the loving efficacy of the Holy Spirit, or Divine Spirit.

Whether during a walk by the sea, and the reflection of phases of my human life; I suddenly matured the realization, I was allowed to gain knowledge that "actually" in my life when I really needed support for material continuation / survival, suitable people gave me your trust and gave me well-paid orders.

Not in the sense that a personally sustainable breakthrough could then take place in each case, but that I could continue to exercise my vocation in a predominantly comfortable way. Vocation, a big word, or also missionary addiction? Looking back today, both are true.

As of today, I believe: In the "infinity of my existence" as soul and spirit that is connected to the divine spirit.

To the "unconditionality of love" as the core motivation of the mind. Also the human being, that is the incarnated soul, spirit, spirit and body, has this anti-ego potential despite limited access to the previous incarnations.

To the available, superior, all-creating core power "out of love" which is effective in every spirit, whether incarnated or not.

For me everything has sense, its respective sense, always related to individual people, as well as superordinate, a divine, universal sense.

## Understanding \* own

### By soul I mean....

The sum of all previous knowledge and experiences from the past incarnations. Soul means the central "energetic" special and individual database, which is supplemented and updated from incarnation to incarnation by the new results of the respective life tasks.

Everything is available here in information, values lived so far, attitudes, decisions made, also wrong decisions, karma information for resolutions, lived attributes of the personality, available and usable tools. Intuitive intuitions are e.g. accesses to the own database soul.

### By incarnation I mean...

To incarnate the soul connected with my spirit and the divine spirit into a material body.

The perishable material body is provided by an environment suitable for the chosen life task, by mother and father.

Thus I am as a soul, spirit also in the mental and spiritually formative environment that supports the set life task.

An environment,

which acts both from unconditionally loving enriching, to psychopathic yes almost destructive intense. Depending on what is to be experienced. In my understanding of existence everything (just also previous) comes back, karma, wants to be dissolved.

Incarnation is in this sense the infinite, recurring school of life, the purification process, with all life challenges. It is about the personal responsibility (empowerment) to live either egoistically motivated or unconditional love.

### By Ghost (Mind) I mean...

The permanently working Operative Development and Execution Manager in me, which is fed by the soul and in alignment with the spirit and the own conscience carries tasks and responsibility for life as well as for existence. Desired future state is to be more and more "God-like" to further initiate and accompany the shaping of the universe with the "unconditional love".

### By Spirit I mean...

The fluid with which I am eternally connected with the Divine. The own expression is then the own attitude and attitude, the essence with which I then affect the environment. Here it is perceptible in my human life, whether I am active/reactive egomotivated, or unconditionally love-motivated.

My intrinsic "value law" called conscience is thereby the own judge.

### By body I mean...

The form, the material substance, into which I incarnate as soul, spirit in order to then tackle, master and cope with the life tasks arranged by me as soul, spirit, spirit in the form of existence as a human being.

### By conscience I mean...

The own internal oracle, which points out to me whether what I do is in accordance with the divine values. The impulses from the conscience are a kind of own judgement. In the positive connected with the internal joy, in the negative associated with the limiting fears, such as misgivings, doubts and fears. The conscience then enables me to use the hint, to use my tool courage to take the power of action away from the fear motivation, the lack motivation.

### By tools I mean...

All the tools that I use rationally, emotionally or intuitively. They are abilities, tools. I am however clearly more than only Tool abilities like thinking, analyzing, feeling, ancestors, etc.. From my point of view it is necessary to acquire mastery over one's own tools, not to be a dependent slave of one's own abilities. See micromanagement mania in companies, or ONLY listening to the gut...

### By faith I mean...

The most significant force in the universe. What is believed in is the key. Belief in love, especially unconditional love, is for me the strongest, divine, power in existence.

The unconditional love of all, is the energy of creation that has created and will continue to create the universe and everything in it since the beginning.

Believing only science, thinking, analyzing, the gut, what Google says, what 10 step guides say, micro management, makes people slaves to the tools. It is necessary to be your master, to stay, to test which tool is best to use situationally.

## Descriptions \*Processes, cycle

### By life task I mean...

Plan, approach, master the purification school (incarnation), on the way to my spiritual, immaterial perfection.

### By life challenges, I mean....

Intrinsic dependencies, (karma) that have not been resolved in previous incarnations. "Worse is always possible" is the more intense external challenge, so that the mind strives for resolution.

### By process step decision ego vs. love I mean....

The unconditional love of God and the universe makes it possible via the new incarnations, to change, improve, correct, rebalance old, past, own ego-motivated actions (known to my soul), to create energetic "peace".

This is exactly the grace, because it is my decisions and actions then as a human being, best in independence of external influences.

Through my existing inner lawgiver, my conscience, (the Spirit) I can then compare my ideas and planned actions with the spiritual value level of God, or the universe, and decide the next step.

### By ego variants I mean.....

Ego, egoistic, egomaniacal, self-centered, narcissistic, psychopathic is based, in my estimation, on a very deeply rooted belief in lack. Lack of material, immaterial, intrinsic addiction and search for external gratification. There is a "seemingly justified" belief in a lack of self-worth.

Means for it are, e.g., money, is matter, nothing of it can be taken after end of life; or also power, which is used up to the contempt of man and annihilation, for humiliation, for destruction, instead of for creation of lasting confident. Have to have, in order to be able to be apparently "content".

### By ego motivation trigger I mean....

Felt rising inner emotional impulses such as anger, resentment, envy, greed, arrogance, sloth, pride, vanity, debauchery, jealousy, intemperance, selfishness. Following the trigger, man lives in the belief of an apparent lack. Consequence is ego strengthening, are concerns, doubts, fears of "not having enough". Land, money, power, importance, recognition....etc.

Healthy self-love that is invested in the human being, depending on the transformation already made with the experience, is the source of strength to cope with the lifelong task of gaining power over the influence of this trigger.

By self love motivational trigger I mean....

Very calm, grounded sensations that convey intrinsic JOY without great emotional outbursts or emotional swings. Life of humility, gratitude, forbearance, confidence, diligence, compassion, strength, courage, patience, courage, generosity, cheerfulness, sincerity, are key helpers for this. These have to be integrated into one's own life, to give them a foundation, to develop them permanently and to live them.

By ego change, I mean...

Daily existing challenges with people and situations are the gift for the daily use of the chance to recognize one's ego action parts, to check them and to change them in self-responsibility, daily even several times, this for a whole life. It is always one's own decision. (see wisdom of old age versus stubbornness of old age)...

Do I use the ego motivation trigger as an action guide or as a cue from my soul, mind, spirit for the need for transformation into healthy self love.

By karma I mean...

In previous incarnations, unresolved ego motivations. Karma is the indication of the need for transition - in love FOR something.

Intensively permanently worsening, negative life situations are the hint, finally, to check one's point of view, to question one's evaluation on ego motivations. The individual handling of these events either generates gain of "insight" or triggers, potentiates, strengthens further negative challenges.

By process fears I mean....

Core is a learned paradigm belief in the energetic negative justification of doubts, concerns, fears. Headline Fears.

Also, the lack of intrinsic security, self-assurance, self-confidence, self-awareness, initiates ego-motivated actions and decisions, since the dawn of mankind. True self-worth comes from living unconditional love first to oneself. This healthy self-love is characterized by humility and gratitude. Grateful FOR what is there!

### By self love I mean...

The potential for healthy self-love is present in everyone, (soul and spirit know it already for a long time) This to the most diverse life topics (business, private, personal) to integrate into their own lives is the great, respect, DAILY challenge.

The job that can be done DAILY means, acting out of love for me. e.g. by which dignified actions I show, prove to myself how much I respect, accept and in humility for all my existing or slumbering attributes, love ME unconditionally. This includes strengths and talents as well as weaknesses and deficiencies. Healthy self love is unconditional.

If I have once perceived what love to myself causes, then I will never stop to fill the vessel self love existing in me by my actions. And now it becomes exciting, if I have perceived in me what "unconditional love for me" is, then I can use this now existing positive, divine energy and give away FOR others, give away without linking an expectation with it, transformation of ego into love.

### By life I mean...

The cycle of incarnation as a human being in a body in order to approach the own set life tasks (ego versus love) and to master them in the best possible way, suitable to my "divine" development status. Life also means NOT to have a conclusion on past incarnations. All decisions that I make as a human being in this life are therefore in independence of the past. I am challenged to check my motivations and to make decisions to the best of my conscience: Do I follow fear, lack, ego or do I change motivation into confidence and love, that is then transformation. Confronted with this daily, I can make a conscious decision, in my job as well as in my private life.

## Beliefs \*Core, Messages,

By infinity of my existence I mean....

The "infinity of my existence" as soul and spirit which is connected with the divine spirit. Through incarnations e.g. as a human being in a very coarse material body, I am confronted with my hitherto, lived values, attitudes and attitudes. Alignment is to work God-like in every future material, physical form (fine, coarse) of the incarnations (no space, time) only BE to take over permanently "jobs" then on the respective planets.

By unconditional love, I mean....

To feel and give love, free from expectations. Is the state that represents for me the divine energy. As an incarnated human being connected with the life task piece by piece to question the own ego motivation (thoughts, decisions, implementation), to reduce and to transform into "unconditional love". Unconditional demands nothing, it is a gift without expectation.

## Terms \*Own definition

By self-worth I mean...

My value that I give myself and that I feel in myself.

By self-confidence, I mean...

My consciousness, which for me is life, life plan of my healthy self, not my ego.

By security into myself, I mean...

The strongest security; the intrinsic generated security into myself to be activated to deal with and cope with everything that affects me externally in a meaningful way.

By personal responsibility, I mean...

My responsibility I carry daily in dealing with all people and situations, do I live ego or do I live healthy self love

By self-awareness, I mean...

My attention inward to perceive in the respective, daily situations whether I am challenged by ego motivation triggers to initiate a change.

## Beliefs \*Own

### Earth training planet

Earth is the immaterial purification school for the change from ego to love, a training planet. A purification school for spiritual values.

### Increase humanity

There will be a never ending balanced increase (ego oriented vs. love) of souls, spirits on this planet. Human beings who live unconditionally from the deepest contempt to the highest expression of love.

### Growth universe

The mixing, the integration of all from different cultures is essential, is evolution, because every spirit (human being) has a share in the further development of the universe.

### Evolution versus revolution

Development takes place both in the individual, as in the whole society, as evolution, not as revolution. And not like the revolution leaders ego motivated, this want. Evolution arises internally in the individual and then also in the mass from then intrinsically made decisions.

### Evolution Guide

Evolutionary leaders have exactly this inner mission to initiate, to bring about change and improvement in small, sustainable steps.

This requires permanent courage, lenient but consistent leading and demanding. The awareness of complementary responsibility as a leader and the individual consequences that can be triggered in people, even if the personal responsibility of the environment is not canceled.

## Organizations

With organizations I mean, religious, economic, political which predominantly prescribe and also measure, how, what has to be. This hinders the self-responsible decision of the individual. The paradigm, only if "one" fits, if one is "adapted", then there is peace it applies to dissolve.

This has more to do with ego than with love. It represents the fear that the control of the masses in the organization is difficult.

Predominantly used means to control the masses is to initiate fears, or via the creation of hope, to buy time until hope has died. Very rarely is unconditional love the basis of the Motivation for action.

Thus, just egomotivated, psychopathic power elites use your means (power, money, influence) to create fears (concerns, fears, doubts) to generate. This paired with an apparent hope (is from my point of view the belief in the justified doubt) on a sometime "enriching future" to steer just masses. (Bread and games).

The integration of "non-fitting" but valuable views of people, supported by love, for the spiritual growth of the powerful human elites in the organizations, is required.

Of course, there is a lot of sympathy, especially for the elites, because they themselves are also driven by the "have or have to keep", by the fear and apprehension of losing something, money, possessions, power, recognition. They, too, have to contest and walk the path of transformation, from having to being, from ego value to self value. Therefore, without prejudice the loving handout for THEIR way. Even if it means to turn away from oneself in order not to endanger one's own way....

## Handling \*Key factors

### Death sentence

Certainly conditioned, by my cancer in the tongue base, and the despite surgery, removal of the tumor in the tongue, as well as the following almost 10 weeks of chemo therapy, no all-clear, Quite the opposite, further aggressive cell formation, continued tumor growth.

Conventional medicine can only reapply the previous methods without any prospect of improvement (mathematics of science) in the chances of cure.

This has clearly triggered my previous, practiced for many years, questioning of the basics for the behavior of people.

### Behavior researcher

Even as a young boy, when my mother asked me what I wanted to be, I said, "Behavioral researcher..."

Well, you had meant probably referred to animals, my answer was, no, to people. Unfortunately, she dismissed this as American nonsense, never again dared to readdress that.

Background was an arson attack on me, a boy had in the winter simply my poodle cap, which I had on, from his bike apparently so sprayed with alcohol or similar, and then, for me completely unnoticed, ignited. Prima, that another, then, me the yet already violently burning, cap, has pulled from the head. Only slight burns on the face and a few scorched hairs...

Many years later, in my work as a personality coach for culture in leadership, communication and implementation, the term "behavior researcher" came to my mind again, I remembered. Was thus early close to my self-imposed function in life.

So probably I have always been more interested in the immaterial, spiritual level of people (MindSet), what hinders, what is to dissolve. Potential of my soul that I should apply in this incarnation.

I did, very gladly even, however, with missionary tendencies. Only the death sentence has let me check this again.

## Reflection Existential Confrontations

Attempted murder of my mother, with failed abortion; embryo fighter,

Attempted murder (Special Forces Team) of a jealous lover (20 years ago), who in parallel wanted to commit suicide at home. I first found access to him by phone, visited him at 3am, and accompanied him to his decision to abandon his plans and change.

Attempted murder by cancer, now current, my focus, mentally and spiritually immune system to strengthen, if "it" is to be, in the divine sense, then the cancer will leave my body.

Trading company, overcame economic challenges,

Coped with DM 1.5 million in debt to banks without insolvency and without a wealthy family.

Trading company , computers, peripherals, accessories, surf sports, import, export,(USA Iran) automobile trade, Mercedes, Porsche to the USA, oil trading, Built up a conglomerate of 7 companies (30 employees) with a partner and thought haughtily, greedily and dreamily of creating a group with a holding company in Luxembourg. No humility, no diligence, no discipline, no focus, just the basic idea where there is a \$, it must be lifted, right away with company....

Headhunting company established (with NL in D, CH), very good clientele, Apple, Texas, Siemens etc...

Partner sought so that I can live with my then wife in Mallorca, without having to be in the office on site. Insinuation was that the partners, shareholders, are eternally grateful to me, for the training as a headhunter, the clients handed over, the very good created material monetary basis. Gratitude that will never question my small pension from it.

Fallacy, after some time, I had given everything to clientele, these partners gathered in a new venture, broke contracts, embezzled funds, wanted my company to go bankrupt.

Well, I saved the company, sold it appropriately at the very reasonable value at the time.

IBM IT specialists recruitment consultancy with franchise takers developed, built up, assuming that I have learned from the experience headhunting with shareholder partners, now. No, same topic, the greed of those involved versus my approach. My arrogance, I'll get them right, actually everyone wants to develop further, as I have also developed through the experience and knowledge gained. "I'll get it right"... well, that's my own ego, my arrogance.

Result was a new foundation, the franchise Nehmern... now I do not need to describe further, am also here with the dissolution of my enterprise in the clear, orders were satisfactorily processed.

Consistently made the decision to leave Headhunting as a Focus.

Excessive addiction to attention from women, was my main theme from childhood. Love, especially mother love, father love was not given, rather the despotic, loveless exercise of power of my mother, how I have to be.

Therefore I was a parched being, which assumed in the smallest, nice, attention, the biggest possible love to me behind it.

As an adolescent, my personal talents, for which I had burned, were ignored, rejected or not supported. Invitations to courses in the West German youth soccer selection, were embezzled, offers of the Düsseldorf Opera as a boy to sing, to learn, as well...normal state.

68 years later, I still learned that my father is not my producer. Explains to me today any amount whether the personal state of my environment, my mother (due to the reputation at the time), my biological father (was for me my uncle), who did not dare to communicate this to me.

As a child I was often with him on vacation. In the kindergarten I heard from other children, I was a "Kuckuckskind". My inquiry, with him, was not answered, was not pursued.

Already crassly, because there is possibly a being on this planet that is begotten by me, however, was born into an existing family.

I have decided not to have to create missionary clarity here. The mother had decided against me, for her fear of condemnation and the consequences, by her own family, I respect the request for distance, deal with it in a spiritual and mental way.

ho opono pono is the Hawaiian forgiveness ritual that I used that helped me come clean with everyone, at least, from me.

3x Married, in addition 3-4 firm partnerships, always on the search to finally experience Ying/Yang. My effort for it was, my efficiency. I had always made sure to earn quite good money, and also to have something in reputation what my jobs concerned.

My reward was highly attractive women, with delicate, slender bodies. Women who reward me for my performance daily with sex. My belief, conveyed by my mother, was that a woman who sleeps with you, who has sex with you, loves you....

Fatal, for me sex was the proof of being loved  
So, out of my fear, my ego, of not being loved enough, the quantity of sex was my measure of whether I was loved or not. After all, I had the ability to read the desires of my partners (from their eyes).

Of course, I preemptively fulfilled these... Of course, this is boring in the long run, of course, I was a slave to my own dependence on attention.

With all my ex-partners, I am at peace, but they have contributed in their own way to the fact that in me the best and most powerful could (finally) make itself felt. To develop my own potential of self-love, for myself and for my environment. For this I am very grateful.

Also on the subject of "Independent" there is a crucial input, was a smoker for a long time, at peak up to 2-3 packs a day. No, no causal link to cancer, that had a link to sex, HPV 16/18 virus.

In an executive coaching, in a workshop, I worked on the topic of "inner independence" with the participants. When I said around 11h, we take a break, I "now need" a cigarette, it was clear to me, there is still something missing with myself. I dedicated myself to smoking and successfully mastered the phases of physical and mental withdrawal.

For me and my incarnation, the best possible retention of my inner independence is the immovable permanent state.

From all these made life experiences, realizations the clarity has arisen, "I know that I know nothing...."

Consistency, before judgment, before spontaneous action, generate real clarities. My inner certainty helps me in this, an intrinsic certainty on which I rely, and on which I can also rely.

Have been a high level homeless person for 8 years, living and staying in long term vacation accommodation in Tuscany and Bavaria.

Work in the refinement of leadership, leadership, communication culture, as in the development of "dormant" personality attributes. Now I have found a place, let's see for how long (cancer), which enriches me in all facets.

It may confidence, gratitude and humility, As of today I enjoy a property, with pool, large garden. The guest house is available for me at affordable conditions (including 2 guest area). Thank you to the owner, thank you to the universe....

## Alpha state

What have I continued to do to strengthen my immune system....

Among other things, exchange with people on a similar MindSet level, Claudia, with Susanne, an esoterically oriented (I am not myself) alternative practitioner. Her suggestion to use the "alpha state" to experience in me, what I am in this physically, seemingly, hopeless situation. (so, my theme, mostly to question the sense first).

Briefly digress, people express themselves in the situations of life, to topics, to people, to things, often with... bullshit, nonsense, bullshit, makes no sense.... Without, however, neither asking nor answering the question, what sense (for what, for something) "it" should make then

Back to the alpha state, with executives in companies I have gladly brought about this state, in order to then bring about a kind of "externally freed" idea, a vision of a desired state, which then formed the basis for the various types of lived culture (leadership, communication, implementation) and as a compact, collectively generated statement, took its way into daily implementation.

Susanne's suggestion was to direct this alpha state not towards the future, i.e. design, but towards the past, direction is there something unresolved (karma)....

Yes, and there was a lot, has confirmed my suspicion that I also already have various incarnations behind me (never wanted to get these about Re-birthing the similar in experience, also not this time, for me counted mostly only the here, and now)

But was curious what happens in the process, whether I can take something from it.

Questions were, among others, "what should I possibly take with me through the challenge of cancer, is there knowledge to be gained? What should I possibly also learn, develop, transform?"

Duration was unplanned, in 2.5 hrs I perceived, little by little, images, words, texts, flashes sensations, thoughts not belonging together.

Dungeon (barred window) in a castle,  
Executioner's hatchet,  
Sensation "I must die",  
My speech "You will not be able to defeat freedom",  
Lying on an altar, cot, dressed with a linen cloth,  
Type bishop in red robe with a golden staff,  
the name Thomas,  
30 years war, peasant war  
Speak as a rebel in a marketplace,

### Thomas Müntzer

Googled on the Internet, the name Thomas Müntzer, (one of the spiritual peasant leaders in the German 30 year war, counter-position to Martin Luther) appears, while perceiving his personality (stories) of his responsibility as a man catcher of peasants willing to fight and for many deaths that happened, ("fight, God will bring you victory") etc.. I could find very many coinciding personality relevant attributes, missionary, fundamentalist, uncompromising, etc... (ego driven, not by unconditional love, and that in the name of God) Yes, possibly my ego motivations at that time, have worked in a being Thomas Müntzer.

No, have no intrinsic sense of guilt, but rather fright at the consequences....  
In this life, too, I have held these fundamentalist ego-centered (well and dear, as far as positioning is concerned, motionless) views in a clearly attenuated form, have looked haughtily, regretfully on the leaders who have not followed me...

## THOMAS GOSPEL

The access to an attitude, an attitude of self-responsibility sprang from the words Jesus read.

"If you want to be happy like me, I recommend you..." ,  
as well as *mutatis mutandis*,

"When you wake up consciously, you will be upset and hate your father and mother at first. "(whether an ego-driven upbringing, not accompaniment into life).

I found this attitude in the "THOMAS" Gospel. It is not reported about prohibitions, or how "one" has to be", but about suggestions, impulses and recommendations of Jesus.

This is in accordance with the divine spirit for me.

Since the assumption also suggests that this gospel was written about 20 years after the death of Jesus, it seems to me, this is a very contemporary, and possibly without own interpretations, or own additive, additionally interpreted content of the author, written version.

This attitude has significantly changed my attitude and communication to situations and people, (especially arrogance, proselytizing, etc.).

Not to concede permanent power to my ego. It was the preliminary stage of my gained realization to transform ego-motivated parts in me into healthy self-love. Love that then permanently overflows when the vessel Self Love is filled by myself. Overflowing energy that can then be given away unconditionally. My vessel self love is filled. Have no shortage, AND the source bubbles eternally wide....

That was the first step to internalizing what exuberant love really is.

## Closing words

That is the essence, if there is an aspect to it that you can do something with, wonderful. If it is inappropriate for you, then just ignore the written.

From the heart, thank you all involved in my life. Hans-Dieter and Miranda, Holger, Matthias, Sue, Irmin, Levin, Marc, Johannes, Peter, Nikkola, Arno, Anne, Thomas, Reinhold, Gerhard, and others, who have always given me their trust and always believed in the success of my fulfillment of assumed responsibility...

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You have all assisted me with action, advice, ego and love. You are all part of this essence described by me as a message.